

Blast From The Past

Risk Level: Low

Minimum Adults Needed: 1 Competent adult

Location: Dining Room, Gymnasium or outside

Supervisors: Competent supervisor

Important Information for Supervisors of Activity Groups:

- The participants and their safety is **your** responsibility for the entire duration of the session. Do not allow any participant to leave the group without your permission.
- Please ensure your cellphone is off & attention is on the participants at all times.
- Please ensure you are acquainted with the **Activity Instructions** and the **RAMS** form for your activity prior to beginning the session.
- It is expected that your organisation will have briefed supervisors as to any special needs/at risk participants (e.g. a severe bee-sting allergy, epilepsy).
- If you have any concerns about the activity, the equipment or your level of ability in regards to this activity, please speak with One Big Adventure staff immediately.
- Normal precautions for participant safety apply such as:
 - Ensure adequate clothing and footwear are worn especially if outdoors.
 - Maintain group control at all times.
 - Be aware of emergency procedures.
 - Know who your First Aid Officer for the group is and their location.
- Encourage full group participation and have fun together!

- The **RAMS** outlined below are for hazards that could result in serious illness, injury and/or death. These hazards are specifically related to use of One Big Adventure equipment during activities.
- Risks associated with normal daily life have not been included (such as bee stings, sunburn, etc.) as it is expected that all groups will apply normal precautions to avoid these and to address them if need be.

EMERGENCY PROCEDURES

1. Stop the activity
2. Assess the situation and the group safety as well as your own
3. Call 111 and give clear details or instruct another adult to do this step
4. Administer first aid and seek further treatment if necessary
5. Fill in Accident Report Sheet with your First Aid Officer (See Staff)

Equipment		
Risk	Causing Factors	Normal Operations
Injury	Equipment breaking or unsafe for use	Equipment regularly undergoes maintenance checks and repairs by OBA staff.
Sickness	Germes	Participants are instructed to only use their own straw and to immediately put in the bin once finished. OBA instructors will check if this is done.
People		
Risk	Causing Factors	Normal Operations
Injury	Equipment being misused by participants	Supervisors to instruct on proper use of equipment as advised by OBA staff.
	Participants colliding with one another	Boundaries explained to participants by supervisor.
	Participants sustaining carpet burn	Participants are made aware of the flooring and the injuries that are possible.
	Loss of group control or misbehavior	Competent supervision to be provided by client group.

Catapults

Risk Level: Low

Minimum Adults Needed: 1 competent adult

Location: Side room of the gym

Supervisors: Competent supervisor

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Equipment		
Risk	Causing Factors	Normal Operations
Injury	Misuse of equipment	Participants to be careful with each other and the equipment. Adults to supervise the group for any misuse of the equipment.
People		
Risk	Causing Factors	Normal Operations
Injury	Loss of group control or misbehavior	Competent adult supervision and group management.

Risk Level: Low

Minimum Adults Needed: 1

Location: Side room (Gymnasium)

Supervisors: Competent supervisor

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Equipment		
Risk	Causing Factors	Normal Operations
Injury	Equipment breaking or unsafe	Equipment regularly undergoes maintenance checks and repairs by OBA staff.
	Falling Jenga blocks	Participants are instructed to stay back from the Jenga tower, while it is not their turn.
People		
Risk	Causing Factors	Normal Operations
Injury	Equipment misused by participants	Supervisors to give clear instructions on proper use of equipment.
	Loss of group control or misbehavior	Competent adult supervision to be provided by client groups.

Risk Level: Low

Minimum Adults Needed: 1

Location: Yellow Room (Gymnasium)

Supervisors: Competent supervisor

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Indoor Bush Survival Skills

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Equipment		
Risk	Causing Factors	Normal Operations
Injury	The indoor mobile poles used for shelter building / tying knots, could fall if moved.	Only OBA staff are to move these poles.
People		
Risk	Causing Factors	Normal Operations
Injury	Loss of group control or misbehavior	Competent supervision to be provided by client group.

Indoor Orienteering

Risk Level: Low

Minimum Adults Needed: 1

Location: Camp wide (Indoors)

Supervisors: Competent supervisor

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People		
Risk	Causing Factors	Normal Operations
Injury	Loss of group control or misbehavior	Competent supervision to be supplied by client group.
	Participants tripping over structures, other participants or anything else they may encounter	Participants to be mindful of their surroundings.

Problem Solving

Risk Level: Low

Minimum Adults Needed: 1 competent adult

Location: Gym Side Room

Supervisors: Competent supervisor

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Equipment		
Risk	Causing Factors	Normal Operations
Injury	Equipment breaks	Equipment undergoes regular maintenance checks by staff.
	Tripping	Participants to be warned about trip hazards and instructed to be careful.
People		
Risk	Causing Factors	Normal Operations
Injury	Loss of group control or misbehavior	Competent adult supervision and group management.

Risk Level: Low

Minimum Adults Needed: 1 competent adult

Location: Indoors – Dining room or gym side room

Supervisors: competent supervisor

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Risk	Causing Factors	Normal Operations
Injury	Loss of group control or misbehavior	Competent adult supervision and group management.
	Tripping	Participants to be warned about trip hazards and instructed to be careful.